

Disability Awareness Week

Ridgewood

Middle Schools & High School
Unified Champion Schools

Dates: 4/12- 4/16



What are disabilities?

- * People with disabilities are people too
- * Differences make everyone unique
- * Some disabilities you can see and some you can not see
- * Disability does not define who you are



Choose to Include Gear

- Each day of the week wear the clothing listed below.

Monday (Autism Awareness)	Wear Maroon/Unified Shirts!
Tuesday (Learning Disability Awareness)	Wear sports team gear!
Wednesday (Visual/Hearing Impairment)	Wear pajamas/comfy clothes!
Thursday (Cerebral Palsy Awareness)	Wear Green!
Friday (Down Syndrome Awareness)	Wear athletic gear with crazy high socks!

April 12-16th: Disability Awareness Week

- **Morning Announcements**- Read a positive quote about disabilities. Mention the specific day and encourage students to be kind to one another.
- Play **Unified Champion School Video** for the School : [Video 1](#), [Video 2](#)
- **During PE Class** perform the designated activity from the slide.
- **Decorate** the schools with posters about disability awareness, respect, and choosing to include.
- **Wear corresponding shirt color or outfit depending on the week.**
- Have fun and try to learn something new!



Monday: Autism Awareness

Autism: A **developmental disorder** characterized by difficulties with social interaction and communication, and by restricted and repetitive behaviors.

- Watch this! [Click Here](#)

Questions

- What are some misunderstandings about autism?
- How can you help them feel more included?

Wear: Maroon or Unified Shirts.



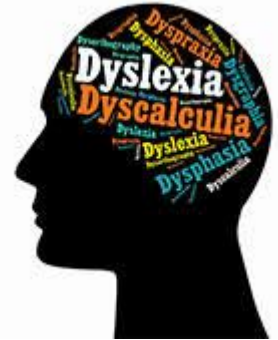
Tuesday: Learning Differences

- A learning disability is a neurological disorder. In simple terms, a learning disability results from a difference in the way a person's brain is "wired."
- Watch this: [Link 1](#), [Link 2](#)

Questions

- Were you surprised about any of these famous people?
- What do you think made them successful?

Wear: Favorite Sport Team Gear



Wednesday: Visually Impaired/Hearing Impaired



- Worldwide there are 285 million people who are visually impaired, 39 million of whom are completely blind. About 12% of the population have hearing loss.

Watch this: [Click Here](#)

Questions:

- How do blind and deaf people you think people accomplish tasks?
- What jobs do you think blind and deaf people can do?
- How Can you help a blind or deaf student?

Wear: Pajamas/comfy clothes



Thursday: Cerebral Palsy/Physical Disabilities

- Cerebral palsy is a condition where students might have difficulty walking, moving, and talking. This is how they were born.
- March 25th is Cerebral Palsy Awareness Day
- Watch This: [Link 1](#) , [Link 2](#)



Questions

- What challenges do you think these students have or had in school?
- If you knew him what could you do to help him in school? Give Examples

Wear: Green!



Friday: Down Syndrome



- March 21 is Down Syndrome Awareness Day
- Students with Down syndrome are similar to any other student. They have hobbies, favorite foods, favorite music, and are motivated to do well.
- Watch this clip:
 - [Video 1](#)
 - [Video 2](#)

Questions:

- What surprised you about the video?
- What did you learn?
- How can you help someone with Down Syndrome at school?

Wear: Athletic Clothes with Crazy High Socks!



CHOOSE TO INCLUDE WEEK(PE): Watch both links and do the activity!

Play this link for all to watch first:

<https://youtu.be/CU6PvrG2nTo>



Monday-
Autism

Activity 1:
[Yoga](#)

Activity 2:
Watch this:
[Click Here](#)



Tuesday-
Learning
Differences

Activity 1:
[Click Here](#)

Activity 2:
Watch this
[Click Here](#)



Wednesday-
Visual/Hearing
Impairment

Activity 1:
[Click Here](#)

Activity 2:
Watch this [Click Here](#)



Thursday-
Cerebral
Palsy

Activity 1:
Walk 30
minutes!

Activity 2:
Watch this:
[Click Here](#)



Friday-
Down
Syndrome

Activity 1:
Play for 30
minutes
outside
Activity 2:
Watch this
[Click Here](#)

Thank you!!!

More information about Unified Ridgewood please visit our website: [Click Here](#)



Special Olympics
**Unified Champion
Schools**